## **APPLE CHIPS**

Prep: 10 mins

Dehydrate: 6 hrs

## **Ingredients:**

20 Apples

## **Directions:**

Peel apples, if desired.

Remove core

Cut into rings, about 1/2cm thick. A mechanical peeler works well for this.

To prevent browning, dip apple rings in lemon juice or an ascorbic acid solution. Drain the apples well.

Place on drying trays in your Excalibur Dehydrator.

Dry at 54.4°C for 5 to 6 hours.

Recipe sourced from Excalibur Dehydrators USA



SA's leading sustainable online wellness store

www.naturalwise.co.za